

Beezee FAMILIES

We're here to help your family

make healthy habits fun

Join our **FREE**, 12-week healthy lifestyle programme to help your family build habits around food and physical activity. Our in-person group sessions start on:

Date:

Time:

Venue:

Or you can join us online!



bre.maximusuk.co.uk

Sign up for your
FREE PLACE today



hellobrent@maximusuk.co.uk



03308 186 308

