

# Parenting Workshops

"My daughter no longer wishes to wear traditional clothing"

"My son went missing for days."

"My daughter refuses to say where she goes when she leaves the house."

**Calling all parents and carers of young people between 11 and 17 living in Brent. We invite you to attend the Brent Early Help Summer series of parenting workshops.**

- Workshops will support, empower and inform.
- Gain knowledge and tools to help keep your children as safe as possible.

## **Workshop 1: Gangs: Parental Awareness**

**When: Wednesday 24th April 2024 10.00-12.00pm. Where: Online, join via Microsoft Teams.**

This workshop will focus on providing parents with information about gangs and the associated risks to young people including knife crime. Parents will learn about how gangs groom and exploit young people and signs to look out for.

## **Workshop 2: An Introduction to Understanding County Lines for Parents**

**When: Wednesday 22nd May 2024 10.00-12.00pm. Where: Online, join via Microsoft Teams**

A parent's guide to understanding what County Lines are, how they are formed and operate, who is targeted and how they impact the lives of young people and their families through exploitation. Parents will learn about signs to look out for.

## **Workshop 3: Knife Crime**

**When: Wednesday 5th June 2024 10.00-12.00pm. Where: Online, join via Microsoft Teams.**

It can be extremely worrying to think that your child is involved in something as dangerous as knife crime. This workshop will help you talk to your child about the risks of carrying knives and explore how you can together, find a 'way out' of that lifestyle.

## **Workshop 4: Parenting: Your Style, Your Child**

**When: Wednesday 19th June 2024 10.00-12.00pm. Where: Online, join via Microsoft Teams.**

A total of 149 different languages are spoken in the London Borough of Brent. It is the most diverse borough in the UK. This workshop will celebrate that fact and provide parents with an opportunity to explore how their culture informs their parenting practice and style.

## **Workshop 5: Social Media**

**When: Wednesday 10th July 2024 10.00-12.00pm. Where: Online, join via Microsoft Teams.**

Children and young people use many different social media apps and sites. Like most things, there can be negatives too. For children and young people there are risks that you should be aware of, to help keep your child safe on social media.

**If you would like to attend any of the Workshops please email**

**[ParentingProgramme@brent.gov.uk](mailto:ParentingProgramme@brent.gov.uk) (interpreters available)**

**Family Wellbeing Centres provide a wide range of services to support parents and children. To register and book activities please go to [www.brent.gov.uk](http://www.brent.gov.uk) and search for Family Wellbeing Centres.**