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## Rise in measles cases in Harrow/Brent

Dear Parents and Guardians,

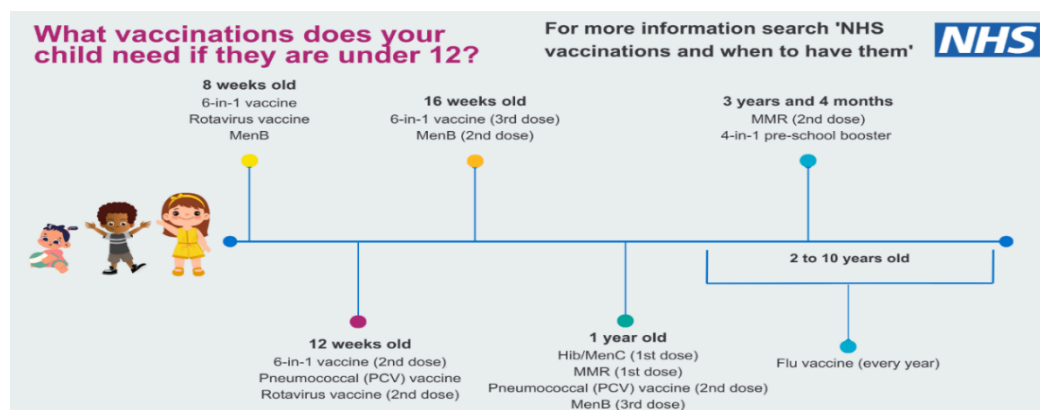
In the last few weeks there's been an increase in the number of measles cases in Harrow/Brent. Measles spreads easily and can cause serious illnesses, including pneumonia and meningitis.

Your child can be protected from this serious infection by receiving two doses of the MMR vaccine. The first dose is given at the age of 12 months and the second dose is given at around 3 years and 4 months, before starting school. Having both doses gives long lasting protection against measles, mumps and rubella. The MMR vaccine has been protecting children against measles for many years and millions of doses have been administered in the UK.

The vaccine has been thoroughly tested and is the safest and most effective way to protect your child against the disease. You can find more information about the MMR vaccination here: <https://www.nhs.uk/conditions/vaccinations/mmr-vaccine/>

If you are unsure if your child is up to date with all their routine vaccinations, please check their Red Book (personal child health record). If you are still not sure, or if you need to bring your child up to date with their vaccines, contact your GP practice to check and book an appointment. You do not need to be registered with a GP to have these vaccinations.

This graphic shows the vaccinations your child should be having by age.



To find out more about childhood vaccinations, please visit the NHS website:

<https://www.nhs.uk/conditions/vaccinations/nhs-vaccinations-and-when-to-have-them/>