

BRILLIANT PARENTS – October 2023

Parent Support Programmes for the London Borough of Brent, Harrow & Hammersmith and Fulham

S/N	PROGRAMME TITLE	WHO IS IT FOR	DELIVERY DATE	BOROUGH/TIME	LOCATION
1.	Getting Teenagers to Cooperate	Parents with Teens (11+)	Friday 6 th October 2023	Brent 10-12noon	Alperton Community School Ealing Road, Wembley, HA0 4PW
2.	Dealing with Disobedience	Parents with 2–10-year-olds	Monday 9 th October 2023	Brent/H&F/Harrow 10-12noon	Zoom
3.	Coping with Teenagers' Emotions	Parents with Teens (11+)	Tuesday 10 th October 2023	Brent/H&F/Harrow 10-12noon	Zoom
4.	Dealing with Disobedience	Parents with 2–10-year-olds	Friday 13 th October 2023	Harrow 9-11am	West Lodge Primary School West End Lane, Pinner, HA5 1AF
5.	Managing Fighting & Aggression	Parents with 2–10-year-olds	Monday 16 th October 2023	Brent/H&F/Harrow 10-12noon	Zoom
6.	Developing Good Bedtime Routines	Parents with 2–10-year-olds	Monday 16 th October 2023	Brent/H&F/Harrow 6-8pm	Zoom
7.	Building Teenagers' Survival Skills	Parents with Teens (11+)	Tuesday 17 th October 2023	Brent/H&F/Harrow 10-12noon	Zoom
8.	Reducing Family Conflict	Parents with Teens (11+)	Friday 20 th October 2023	Brent/H&F/Harrow 10-12noon	Zoom

To register for **any or all** the Discussion Groups, kindly complete and submit **both** the registration form and parenting experience survey at these links:

<https://www.brilliantparents.org/brilliant-parents-bl-registration-form/>

<https://www.brilliantparents.org/triple-p-parenting-experience-survey/>