

Parenting Workshops

"My daughter no longer wishes to wear traditional clothing"

"My son went missing for days."

"My daughter refuses to say where she goes when she leaves the house."

Calling all parents and carers of young people between 11 and 17 living in Brent. We invite you to attend the Brent Early Help Autumn series of parenting workshops.

- Workshops will support, empower and inform.
- Gain knowledge and tools to help keep your children as safe as possible.

Workshop 1: Gangs: Parental Awareness

When: Wednesday 13th September 2023 10.00-12.00pm. Where: Online, join via Microsoft Teams.

This workshop will focus on providing parents with information about gangs and the associated risks to young people. Parents will learn about how gangs groom and exploit young people and signs to look out for.

Workshop 2: An Introduction to Understanding County Lines for Parents

When: Wednesday 11th October 2023 10.00-12.00pm. Where: Online, join via Microsoft Teams

A parent's guide to understanding what County Lines are, how they are formed and operate, who is targeted and how they impact the lives of young people and their families through exploitation. Parents will learn about signs to look out for.

Workshop 3: Social Media

When: Wednesday 25th October 2023 10.00-12.00pm. Where: Online, join via Microsoft Teams

Children and young people use many different social media apps and sites. Like most things, there can be negatives too. For children and young people there are risks that you should be aware of, to help keep your child safe on social media.

Workshop 4: Parenting: Your Style, Your Child (Culturally Sensitive Parenting)

When: Wednesday 15th November 2023 10.00-12.00pm. Where: Online, join via Microsoft Teams.

A total of 149 different languages are spoken in the London Borough of Brent. It is the most diverse borough in the UK. This workshop will celebrate that fact and provide parents with an opportunity to explore how their culture informs their parenting practice and style

Workshop 5: Knife Crime

When: Wednesday 13th December 2023 10.00-12.00pm. Where: Online, join via Microsoft Teams.

It can be extremely worrying to think that your child is involved in something as dangerous as knife crime. This workshop will help you talk to your child about the risks of carrying knives and explore how you can together, find a 'way out' of that life-style.

If you would like to attend any of the Workshops please email

ParentingProgramme@brent.gov.uk (interpreters available)

Family Wellbeing Centres provide a wide range of services to support parents and children. To register and book activities please go to www.brent.gov.uk and search for Family Wellbeing Centres.