

## BRILLIANT PARENTS – May 2023

### Parent Support Programmes for the London Borough of Brent, Harrow & Hammersmith and Fulham

S/N	PROGRAMME TITLE	WHO IS IT FOR	DELIVERY DATE	BOROUGH/TIME	LOCATION
1. G14	Coping with Teenagers' Emotions Skills	Parents with Teens	Tuesday 9 <sup>th</sup> May 2023	Brent/H&F/Harrow 10-12noon	Zoom
2. E15	Building Teenagers' Survival	Parents with Teens	Tuesday 9 <sup>th</sup> May 2023	Brent/H&F/Harrow 6-8pm	Zoom
3. D21	Dealing with Disobedience	Parents with 0–11-year-olds	Friday 12 <sup>th</sup> May 2023	Brent/H&F/Harrow 9.15-11.15 am	Elsley Primary School Tokyngton Avenue, Wembley HA9 6HT
4. F19	Reducing Family Conflict	Parents with Teens	Monday 15 <sup>th</sup> May 2023	Brent/H&F/Harrow 10-12noon	Zoom
5. D22	Dealing with Disobedience	Parents with 0–11-year-olds	Tuesday 16 <sup>th</sup> May 2023	Brent/H&F/Harrow 10-12noon	Zoom
6. C22	Developing Good Bedtime Routines	Parents with 0–11-year-olds	Friday 19 <sup>th</sup> May 2023	Brent/H&F/Harrow 9.30- 11.30 am	John Brett Primary School Paddenswick Road, W6 0UA
7. A20	Managing Fighting & Aggression	Parents with 0–11-year-olds	Monday 22 <sup>nd</sup> May 2023	Brent/H&F/Harrow 10-12 noon	zoom
8. H18	Getting Teenagers to Cooperate	Parents with Teens	Tuesday 23 <sup>rd</sup> May 2023	Brent/H&F/Harrow 10-12 noon	zoom

To register for **any or all** the Discussion Groups, kindly complete and submit **both** the registration form and parenting experience survey at these links:

<https://www.brilliantparents.org/brilliant-parents-bl-registration-form/>

<https://www.brilliantparents.org/triple-p-parenting-experience-survey/>