

April May June 2023 v5	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>MORNING</p>  <p>Family Wellbeing Centre</p>  <p>Registration link: www.brent.gov.uk/familywellbeingcentres</p> 	<p>9.30 – 11.00am CHILD TALK 0-5 years Booking Required</p> <p>10.00 -11.00am ORAL HEALTH EVENT (3rd April, 15th May, 12th June) Get advice on Teeth Brushing and good oral health practices. Booking Required</p> <p>10.00-3.00pm DROP IN CLINIC PARENTING MATTERS TRIAGE SUPPORTING FAMILIES 30-minute appointments with Family Support team providing advice for families with all age children. No Booking Required</p> <p>9.30 – 12.30pm CAMHS for parents with children 5 years and under. Support and advice for parents struggling with their children's, sleep, eating, behaviour Appointment only</p> <p>9.00-4.00pm MIDWIFERY SERVICES Appointment only</p>	<p>9.30 – 11.30am SEWING CLASSES 10 week course Crèche Provided Booking Required</p>  <p>10.00-12.00pm STAAR DROP IN (once a month) 4th April, 9th May, 6th June 23 Supporting the Assessment for Autism Route Is your child on the waiting list to be Assessed for Autism or ADHD</p> <p>9.45-11.15am TWO & TERRIFIC (4 sessions) (Tuesday 20th, 27th June, 4th, 11th July 23 Booking Required</p> <p>9.45-11.15am CHILDCARE & LIBRARY EVENT 6th June 2023 Booking Required</p> <p>9.00-4.00pm MIDWIFERY SERVICES HEALTH PERINATAL Appointment only</p>	<p>9.30-2.30pm CITIZENS ADVICE BRENT (CAB) weekly CAB offer good quality independent Advice on issues such as benefits housing Welfare rights. Appointment only</p> <p>10.30 –11.30am LET'S TALK (age 14mths to 3 years) Get advice to support your child from the Speech and Language Team. Booking Required</p> <p>9.00-4.00pm HEALTH VISITING Appointment only</p> 	<p>9.30-11.30am CHILD MINDERS ONLY Booking Required (Term Time only)</p> <p>10.30-12.00 WELCOME TO PARENTHOOD For new pregnant parents 1st Thursday of each month 6th April, 4th May, 1st June 23 Booking Required</p>  <p>9.00-4.00pm HEALTH VISITING 1 & 2 year old Development reviews Appointment only</p> <p>9.00-3.00pm SUPPORTING FAMILIES' EMPLOYMENT ADVISORS Appointment & Referrals only (Term Time only)</p>	<p>9.30 – 12.30am STRENGTHENING FAMILY STRENGTHENING COMMUNITIES (SFSC) Parenting Programme Crèche Provided Start 28/4/23 Booking Required (Term Time only)</p> <p>9.00-4.00pm SMALL TALK SLT One to One Individual Appointment only</p> <p>10.00-12.00pm LITTLE VILLAGE Community Donation Drive Donate children equipment Buggy's, cots, beds clothing shoes and toys/books. 0-5yrs (Term Time only)</p>	<div data-bbox="1883 240 2168 566" style="border: 1px solid black; padding: 5px;"> <p>Free Early Education Children may be entitled for up to 15 or 30 hours FREE childcare. Contact Brent Council for more information. Search 'free early education' on their website Brent.gov.uk. Tel: 020 8937 3010 Email: cfis@brent.gov.uk</p> </div> 
<p>AFTERNOON</p>  <p>www.brent.gov.uk/familywellbeingcentres</p>   <p>all different – all together</p>	<p>12.30-1.30pm BABY TALK 0-12month In the first-year babies learn to focus their vision, reach out, explore and learn through play and exploration of objects and language.</p> <p>3.45-4.45pm 4-11year olds FAMILY FUN FITNESS Starts 24th April 23 Booking Required (Term Time only)</p>  <p>5.30pm-19.15pm 6- 16 years old HOMEWORK CLUB UNLOCKING POTENTIAL Booking Required (Term Time only)</p>	<p>1.00-2.30pm SUNSHINE CLUB Drop In monthly (18/4, 23/5, 20/6/23) 0-5 years Pregnant Parents and Families can come and get advice from the health visiting Team. 3.30-5.45pm BANG EMOTIONAL HEALTH & WELLBEING 121 & Groups. Referral Required 4.00-5.00pm</p> <p>SQUIRRELS SCOUTS 4-6 years old. Booking Required Term time only</p> 	<p>1.00-2.00pm REGISTRATION DROP IN Come and get help to register at the FWC No appointment necessary</p>  <p>5.00-6.30pm 11-18 years olds TEEN SPACE YOUTH CLUB Start 26th April 23 Booking Required (Term Time only)</p>	<p>4.00-5.30pm ART CLUB 6 -16 years old Art club, learn how to draw cartoons, make Anime, mask making, canvases and pottery. Booking Required</p> <p>4.00 -6.00pm MIXED MARTIAL ARTS 10-18 years old Booking Required</p>  <p>3.30-5.45pm BANG EMOTIONAL HEALTH & WELLBEING 121 & Groups. Referral Required</p>	<p>12.30 -2.30pm ESOL English Conversation Develop basic English language skills, speaking reading writing. Crèche Provided Booking Required (Term Time only)</p>  <p>9.00-4.00pm INFANT FEEDING SUPPORT 1-1 support session Appointment only</p> 	<div data-bbox="1883 1013 2168 1268" style="border: 1px solid black; padding: 5px;"> <p>Help with childcare costs Check what help you could get with approved childcare costs using the government's online calculator. This could include free childcare or help with costs. www.gov.uk/childcare-calculator</p> </div>