

BE PROUD OF YOUR MOUTH

Look after your oral health
for a lifetime of smiles

Event details

Monday 20 March 2023 - 10:15 - 11:00am

Parent oral health & healthy lifestyle workshop

- Brushing tips and techniques
- How to protect our teeth from sugary snacks
- Tooth-friendly foods and drinks
- 2 min shake up
- And much more!

Join us: <https://bit.ly/3Slv1OL>
Passcode: YFb9zG

We will be joined by the CLCH Brent
Health4Life and School Readiness Team.



@worldoralhealthday
#MouthProud #WOHD23

JOIN US AND GET INVOLVED