

Dear Parents and Carers,

I am writing to acknowledge the start of the Holy Month of Ramadan on Thursday 23rd March 2023. As a school we are aware of the importance of this event to many of our families and we know that many families will be fasting during this period.

During Ramadan, pupils in Year 5 and 6 may fast with parental consent. It is still expected that pupils participate in the full curriculum including PE and swimming. Pupils will also be expected to be in the playground during lunch and playtimes. For safety reasons, pupils who are fasting, will still be expected to drink water throughout the day.

If you would like to give permission for your child to fast you will need to complete the following Google form: <https://forms.gle/r4PDpHvwiUEohckp8>

Where a form is not completed in advance of Thursday 23rd March 2023, pupils will not be allowed to fast during school.

Yours Sincerely,

N. Harmer

Nicola Harmer