




Food Technology

Knowledge Organiser

Year 1, Spring 2



Key Vocabulary

Chop	
Equipment	The important items for a particular purpose.
Grate	
Ingredients	Foods that are combined to make a dish.
Slice	

What will I know about cooking by the end of this topic?

- I will be able to make my own snack with a little help from an adult.
- I will be able to explain which type of foods are healthy and which ones are not good for me.
- I will understand the difference between the foods that are grown, farmed and caught.

Grown, farmed or caught?



- I will explore cutting, peeling or grating techniques.
- I will know how to prepare my snack safely and hygienically.



Mood Board

