



# Barnardo's and Brent Out of Hours Family Support Helpline

**Our helpline and webchat service will provide families in Brent with access to a Barnardo's family support worker during evenings and weekends. The service is part of Brent's Family Wellbeing Centres.**

Our experienced and friendly team will offer information, advice and support and can help you with:

- Yours and your child's family support and wellbeing needs during evenings and weekends.
- Registering with a Family Wellbeing Centre.
- Accessing other services in Brent, including support with the Cost-of-Living Crisis.

## **Who can access this service?**

Our service is **free to access for any family living in Brent.**

Translators are also available on request.

Please note that this is not a crisis service – if you or someone you are with is in immediate danger call 999.

## **How can I access the service?**



The service will be available by scanning the QR code.

Or by telephone on **0800 158 2358.**

You can also schedule a videocall by contacting:

**[brentfamilysupport@barnardos.org.uk](mailto:brentfamilysupport@barnardos.org.uk)**

## **Opening Hours**

**Saturday and Sunday: 10am – 5pm**

**Monday, Wednesday, Friday: 6pm – 10pm**