

## Knowledge Organiser

Year 5, Autumn : Health and Wellbeing

PSHE Strand: Health Education  
Whole School Topic: Who is the Bravest?

### Key Vocabulary

<b>Addiction</b>	Feeling a strong desire or craving for something.
<b>Debate</b>	A formal discussion of a topic in a public meeting.
<b>Drug</b>	A substance which changes the way the body and mind works.
<b>Illegal</b>	Against the law; criminal
<b>Legal</b>	Permitted by law; lawful
<b>Volatile substance abuse</b>	The intentional inhalation of volatile substances for psychoactive effects.
<b>Whip</b>	An official member of a party whose role is to maintain the parliamentary discipline amongst its members, especially for attendance at voting and debates.

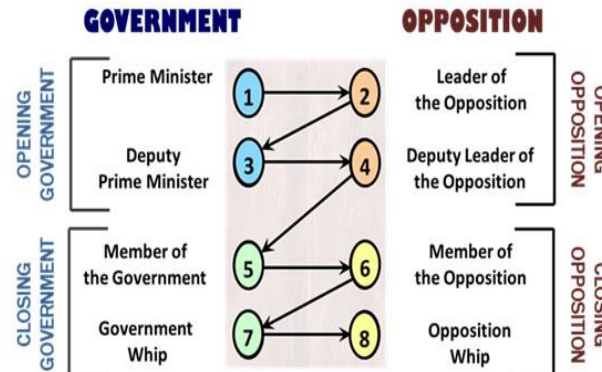
What will I know about health and wellbeing by the end of this topic?

- To understand how a parliamentary debate occurs
- To understand the risks associated with cannabis and volatile substance abuse



In parliament, many topics are debated in the House of Commons and House of Lords.

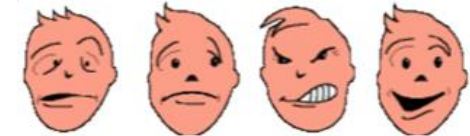
There is an order to how debates are discussed in parliament. When the debate has ended the Chair asks the question again and a decision is made, which may be through a vote



Some drugs are illegal and the police will be confiscate them from you. You can also be arrested if they are found in your possession.



All drugs are dangerous if they are misused. Someone on drugs can have mood swings and eventually they could end up with physical problems with major organs (brain, lungs and liver).



Illegal drugs such as cannabis, cocaine or heroin are not available to buy in shops.

They affect your mind by causing hallucinations, violent/ aggressive behaviour and poor focus.



Your body can have severe headaches, mouth sores, dizziness and blackouts.

Solvents can kill instantly due to fatal accidents, suffocation, explosions, heart failure and choking on vomit.



School holidays should be longer!



Sniffing these products can lead to dangers to your mind, body and your life. The packaging contains warning logo.

**SOLVENT ABUSE CAN KILL INSTANTLY**