



ORAL HEALTH PROMOTION NEWSLETTER

National Smile Month campaign is between 16 May and 16 June 2022. The campaign this year is all about shining a light on inequalities within oral health.

The oral health promotion team provide advise information, educate families, and children about the positives that come with looking after your teeth and mouth.

There are three key messages of National Smile Month, with the first one being that it is essential to brush your teeth at night and at least once during the day using fluoride toothpaste. It is also recommended to visit your dentist regularly and

cut the consumption of sugary drinks and foods.

To find out more about smile month
<https://www.dentalhealth.org>



FIZZ FREE FEBUARY ADDATONAL INFORMATION WWW.SUGARSMARTUK.ORG

Fizz Free February is a local campaign to reduce sugar intake by cutting out fizzy drinks. Thank you to all who took part. We had over 100 entries

3rd prize winner Fizz Free



3rd Prize from Barham Primary, age 4

Below:- Selection of runners up!



1st & 2nd prize winner Fizz Free February



1st prize from Bryon Court Primary, age 5



2nd Prize from Mount Stewart Junior, age 9



Oral health promotion team