

WOULD YOU LIKE YOUR FAMILY TO BE HEALTHIER?

GOOD NEWS! FREE HEALTHY LIFESTYLE COURSES ARE STARTING IN BRENT IN MAY.

JUST CHOOSE YOUR GROUP

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Starts w/c 9th May for 11 weeks	HARLESDEN John Keble CofE Primary School 17:00 - 19:00 Age 5 - 15	WEMBLEY Barham Primary School 17:00 - 19:00 Age 5 - 15	DOLLIS HILL venue tbc 17:00 - 19:00 Age 5 - 15	KINGSBURY St Robert Southwell RC Primary School 17:00 - 19:00 Age 5 - 15
Starts w/c 9th May for 10 weeks	ONLINE 17:30 - 18:30 Age 5 - 8		ONLINE 18:15 - 19:15 Age 9- 12	



*to be eligible for this awesome free service, your family must live/go to school/be registered with a GP in Brent and include one child age 5-15 who is above their ideal healthy weight.

...AND SIGN UP FOR FREE

Scan the QR Code, or fill in the form at bezeebodies.com/families