

# Parenting Workshops

"My daughter no longer wishes to wear traditional clothing"

"My son went missing for days."

"My daughter refuses to say where she goes when she leaves the house."

**Calling all parents and carers of young people between 11 and 17 living in Brent. We invite you to attend the Brent Early Help Spring series of parenting workshops.**

- Workshops will support, empower and inform.
- Gain knowledge and tools to help keep your children as safe as possible.

## **Workshop 1: Gangs: Parental Awareness**

**When: Thursday 20th January 2022 10.30-12.30pm. Where: Online, join via Microsoft Teams.**

This workshop will focus on providing parents with information about gangs and the associated risks to young people including knife crime. Parents will learn about how gangs groom and exploit young people and signs to look out for.

## **Workshop 2: An Introduction to Understanding County Lines for Parents**

**When: Tuesday 25th January 2022 10.30-12.30pm. Where: Online, join via Microsoft Teams**

A parent's guide to understanding what County Lines are, how they are formed and operate, who is targeted and how they impact the lives of young people and their families through exploitation. Parents will learn about signs to look out for.

## **Workshop 3: Parenting: Your Style, Your Child**

**When: Thursday 3rd February 2022 10.30-12.30pm. Where: Online, join via Microsoft Teams.**

A total of 149 different languages are spoken in the London Borough of Brent. It is the most diverse borough in the UK. This workshop will celebrate that fact and provide parents with an opportunity to explore how their culture informs their parenting practice and style.

## **Workshop 4: Next Steps**

**When: Thursday 10th February 2022, 10.30-12.30pm Where: Online, join via Microsoft Teams.**

Managers from the Brent Early Help Service, including from the Youth Offending Service, Accelerated Support Team and Westminster Drug Project will speak and facilitate discussion regarding the following topics:

- Gangs
- Culturally sensitive parenting
- Drugs and alcohol
- What do parents want to see happen next?

**If you would like to attend any of the Workshops please email**

**[ParentingProgramme@brent.gov.uk](mailto:ParentingProgramme@brent.gov.uk)** (interpreters available)

**Family Wellbeing Centres provide a wide range of services to support parents and children. To register and book activities please go to [www.brent.gov.uk](http://www.brent.gov.uk) and search for Family Wellbeing Centres.**



**Brent**