



**Brilliant
Parents**
Transforming
Children's Lives

Teen Triple P Discussion Group

Getting teenagers to cooperate



Triple P Discussion Group – Getting Teenagers to Cooperate
Wednesday 26th January 2022
6pm-8pm
Delivered via Zoom

IS THIS YOU?

You are doing a pretty good job at raising your teenager, but sometimes you struggle with knowing how to encourage him/her to cooperate. This can be particularly challenging when you are not sure when to respect a teenager's growing independence and when to insist that they do as you ask.

Do you know that it is natural for them to test the limits?

They also need to learn to follow reasonable requests and learning to cooperate with others is an important life skill that parents can teach their teenagers by having clear limits and setting a good example.

This Triple P (Positive Parenting Programme) small group workshop will look at some of the reasons why teenagers can be uncooperative and give you some practical suggestions to both help you teach your teenager to cooperate with your requests and manage any problems if you need to.

**For further information – please contact
Annmarie Fevrier on 020 3490 7007 or
email
enquiries@brilliantparents.org**