

## Spring Menu

### WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1: 06 Jan , 20 Jan , 3rd Feb , 24th Feb , 10th March , 24th March					
	Basil and Spinach Pesto	Sweet and Sour Chicken with Fried Rice	Homemade Vegetable Pizza Potato Wedges	Chicken Sausage with Mash Potato	Chicken Burger and Chips
	Vegetarian Lasagne	Squash and Red Lentil Dhal	BBQ Chicken	Vegetarian Sausages with Mash Potato	
Dessert of the Day	California Date Cookies	Carrot Cake	Fresh Fruit Salad	Vegetarian Ratatouille	Vegetable Burger and Chips
Allergen:	Gluten & Milk	Chicken, Sulphates, Egg & Milk	Fresh Fruit Salad	Chocolate Brownie	Fruits
		Chicken, Gluten & Milk	Chicken, Egg, Gluten, Sulphates & Celeriac		Chicken, Egg & Gluten

Daily Options: Freshly prepared salads, selection of vegetables and chilled water

Daily alternative dessert options are: selection of seasonal fruit and yoghurts

### WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
WK 2: 13th Jan , 27th Jan , 10th Feb , 3rd March , 17th March , 31st March					
	Vegetarian Pasta Bolognese	Chicken Curry with Rice	Homemade Vegetable Pizza	Macaroni Cheese	Fish Fingers or Fish Cake & Chips
	Jacket potato with Cheese and Tuna	Vegetable Rice	BBQ Chicken	Jacket potato with Cheese & Tuna	Vegetable Quesadilla and Chips
	Jacket potato with baked beans				
Dessert of the Day	Banana and Custard	Ginger Cake	Fresh Fruit Salad	Coconut and Oat Biscuit	Fruits
Allergen:	Gluten & Egg	Celeriac, Egg & Milk	Gluten & Milk	Egg, Gluten & Milk	Fish, Gluten & Egg

Daily Options: Freshly prepared salads, selection of vegetables and chilled water

Daily alternative dessert options are: selection of seasonal fruit and yoghurts

Meat or Fish

Vegetarian